Men Tops	Chest"
xxs	32 - 34
XS	34 - 36
S	36 - 38
Μ	38 - 40
L	40 - 42
XL	42 - 44
2XL	44 - 46
3XL	46 - 48
4XL	48 - 50
5XL	50 - 52

Men E	Bottoms	Waist"
xs	Petite	27 - 29
S	Petite	29 - 31
М	Regular	31 - 33
L	Large	33 - 35
XL	Larget	35 - 37
2XL	Large+	37 - 39
3XL		39 - 41

• Pick a tall size if you're 5'10" or above

Women Tops	Bust"
XS	30 - 32
S	32 - 34
М	34 - 36
L	36 - 38
XL	38 - 40
2XL	40 - 42

Women Bottoms	Waist"
S	28 - 30
М	30 - 32
L	32 - 34
XL	34 - 36





Take a measuring tape and measure the fullest part of your chest all around. Reference it in the chart.



Place one end of the tape at a level where you'd normally wear your mid-rise pants. Then measure all around.